



**BABU BANARASI DAS
INSTITUTE OF TECHNOLOGY & MANAGEMENT
LUCKNOW, (AKTU COLLEGE CODE: 054)**

Approved by AICTE, New Delhi, Ministry of HRD, Govt. of India Affiliated to Dr. A.P.J. Abdul Kalam Technical University,
Uttar Pradesh, Lucknow

Personal SWOT Analysis Worksheet

Name of the Student.....

University Roll Number..... Branch.....

STRENGTH:
WEAKNESSES:
OPPORTUNITIES:
THREATS:
ANY OTHER SUGGESTION/DETAIL:

Improvement Chart/Progress Chart

Traits	First Year		Second Year		Third Year		Final Year	
	SEM I	SEM II	SEM III	SEM IV	SEM V	SEM VI	SEM VII	SEM VIII
	I	II	III	IV	V	VI	VII	VIII
University Result								
Confidence <i>(Rate between 1 to 10, where 1 is lowest and 10 is highest)</i>								
Event Participation <i>(Rate between 1 to 10, where 1 is lowest and 10 is highest)</i>								
Communication <i>(Rate between 1 to 10, where 1 is lowest and 10 is highest)</i>								
Leadership <i>(Rate between 1 to 10, where 1 is lowest and 10 is highest)</i>								
Intrapersonal Skill <i>(Rate between 1 to 10, where 1 is lowest and 10 is highest)</i>								